

About Rockland 21C



To Support Schools and FRC Programs, Rockland 21C...

- Provides professional development through peer meetings, annual conferences, guest speakers, and field trips
- Identifies and suggests new strategies and models such as the Parent-Child Home Program, an evidence-based early literacy program and the Girls Project, an empowerment program for elementary, middle, and high school girls
- Connects to national models, most notably Yale's Schools of the 21st Century and the Coalition for Community Schools
- Promotes planning and accountability through its grant application and outcome training
- Fosters inter-district sharing of best-practices and nurtures an appropriate local model



To Leverage Community Investment, Rockland 21C...

- Serves as a recognized intermediary for community partners who wish to share information with schools and families, or whom we represent on initiatives such as the Better Baby Care Campaign, the Literacy Extravaganza, or YouthFest
- Promotes a county-wide commitment by rallying a continuum of support from the county, towns, the state, and nonprofits
- Looks for opportunities to build capacity such as by partnering with Rockland AmeriCorps, or the Steps program of the health department



To Facilitate a Countywide Commitment to Children and Families, Rockland 21C...

- Connects families to resources
- Promotes a vision of the importance of parental engagement and family support to children's school success
- Promotes community engagement and schools as neighborhood assets
- Gauges Rockland family needs and strengths



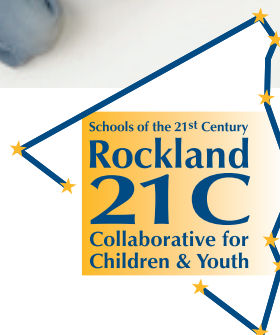
The History of Rockland 21C

Rockland first became aware of the Yale 21C model in 1995, when legislator **Harriet Cornell** heard Edward Zigler speak on the subject of youth violence prevention. **Dr. Zigler**, a key architect of Head Start, also talked about a preventive program he had developed, the **Yale Schools of the 21st Century program**, which is designed to make positive, life-changing differences for children while they are very young. By the next year, a core group of educational and community leaders was launched as "Rockland Schools of the 21st Century." Action plans led to implementation teams – and their analysis, plus an investment of seed money, was critical to the development of initiatives including planning a countywide information and referral service; developing a home visiting network; promoting resources for out-of-school youth, and more. **School districts** committed to the model, and began to open **Family Resource Centers**, which then multiplied. Over the years, 21C has been comprised by Rockland's eight school districts, Rockland BOCES, early education and childcare centers, after-school programs, youth development and recreation programs, teachers' centers, colleges, government and business leaders, as well as many public and private agencies including: social service organizations, health and mental health organizations, law enforcement, faith communities, and libraries.

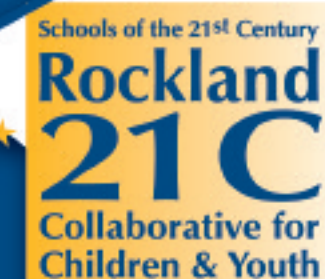
Notable recent achievements include partnering with the **Rockland County Department of Health** and every school district to help address the increase in childhood obesity, asthma, and diabetes by addressing three related risk factors: physical inactivity, poor nutrition, and tobacco use and exposure through use of the Centers for Disease Control's School Health Index survey, a self-assessment tool which enables schools to identify the strengths and weaknesses of policies and programs for promoting health and safety, and develop action plans for improving student health & safety. A partnership with the **Rockland County Youth Bureau** (which is aided by **State Senator Thomas Morahan**) brings members of the **AmeriCorps Literacy Corps** into schools to support early literacy home visiting, through the Parent-Child Home Program.



County Executive **C. Scott Vanderhoef** supported the 21C concept from the very beginning. On the state level, New York State Commissioner of Education **Richard P. Mills** and many of the Regents have visited the initiative, and today cite it as an impetus for their calls for partnerships to serve educational communities.



65 Parrott Rd., Bldg 10
West Nyack, NY 10994
Phone: 845-627-5437
Fax: 845-627-2934



Clarkstown School District

East Ramapo School District

Nanuet Union Free School District

North Rockland School District

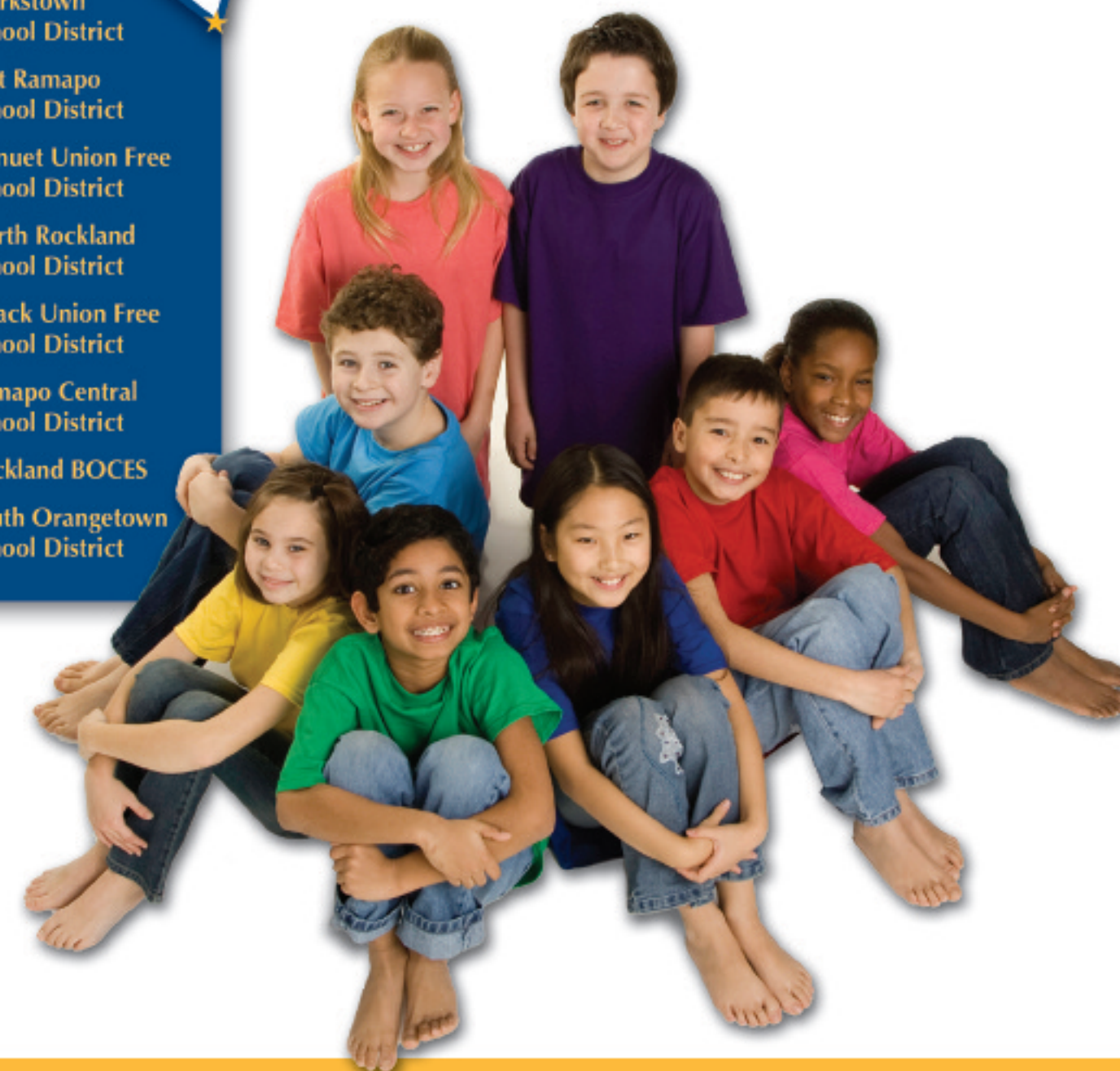
Nyack Union Free School District

Ramapo Central School District

Rockland BOCES

South Orangetown School District

21C's Report on Rockland FRC Activities 2006-2007



Our mission is to ensure the best possible future for every child by building a comprehensive support system that links family, school, & community.

"Family, school, & community: That is Rockland 21C."

– Harriet Cornell

"Rockland 21C's innovative, collaborative approach should be studied, copied, and recognized as a model for success."

– Richard Mills
NYS Education Commissioner

FRC LOCATIONS

BOCES

BERC Campus – Nyack
131 N. Midland Ave.
Nyack, NY 10960
845-348-3504
Fax: 845-348-0119

CLARKSTOWN

The Clarkstown Family Resource Center Partnership
151 Congers Road, T8
New City, NY 10956
845-639-5619
Fax: 845-639-2903

EAST RAMAPO

Colton Elementary
40 Grandview Avenue
Spring Valley, NY 10977
845-577-6250
Fax: 845-362-3526

Eldorado Elementary
5 Eldorado Drive
Chestnut Ridge, NY 10977
845-577-6150
Fax: 845-426-0850

Elmwood Elementary
43 Robert Pitt Drive
Monsey, NY 10952
845-577-6160
Fax: 845-426-0852

Fleetwood Elementary
22 Fleetwood Avenue
Chestnut Ridge, NY 10977
845-577-6170
Fax: 845-426-1807

Grandview Elementary
151 Grandview Ave.
Monsey, NY 10952
845-364-9316
Fax: 845-362-0646

Hempstead Elementary
80 Brick Church Road
Spring Valley, NY 10977
845-577-6270
Fax: 845-362-0627

Hillcrest Elementary
32 Addison-Boyce Drive
New City, NY 10956
845-577-6180

Lime Kiln Elementary
35 Lime Kiln Road
Suffern, NY 10952
845-577-6280

Margetts Elementary
25 Margetts Road
Monsey, NY 10952
845-577-6190
Fax: 845-426-0958

Summit Park Elementary
925 Rte. 45
New City, NY 10956
845-577-6290
Fax: 845-362-0920

NANUET

George Miller Elementary
50 Blauvelt Road
Nanuet, NY 10954
845-627-4889
Fax: 845-624-1534

Highview Elementary
24 Highview Ave.
Nanuet, NY 10954
845-627-4889
Fax: 845-624-1534

A. MacArthur Barr Middle
143 Church St.
Nanuet, NY 10954
845-627-4889
Fax: 845-624-1534

NORTH ROCKLAND

Gerald F. Neary Elementary
20 George Street
Haverstraw, NY 10927
845-942-3469
Fax: 845-942-3476

West Haverstraw Elementary
71 Blauvelt Ave.
West Haverstraw, NY 10993
845-942-3180 Ext.3048
Fax: 845-942-3084

NYACK

Liberty Elementary
142 Lake Road
Valley Cottage, NY 10989
845-353-7247
Fax: 845-353-7243

Valley Cottage Elementary
26 Lake Road
Valley Cottage, NY 10989
845-353-7291
Fax: 845-353-7287

Nyack Middle
98 South Highland Avenue
Nyack, NY 10960
845-353-7214

Upper Nyack Elementary
336 Broadway
Upper Nyack, NY 10960
845-353-7268
Fax: 845-353-7262

RAMAPO CENTRAL

R.P. Connor Elementary
13 Cypress Road
Suffern, NY 10901
845-357-2858 ext. 129
Fax: 845-357-8657

Sloatsburg Elementary
11 Second Street
Sloatsburg, NY 10974
845-753-2720 ext. 124
Fax: 845-753-6636

SOUTH ORANGETOWN

Located at The William O. Schaefer School Building
140 Lester Dr., Tappan, NY
845-680-1314
Fax: 845-365-4712

Family Resource Centers (FRCs)

School Family Resource Centers (FRCs) are places for families to participate in programs, get to know other parents and children, find support and information, and access school, community, and government resources.

Every FRC encourages family involvement in education, yet each serves unique local goals that enable preschool and school-age children to thrive.

FRC coordinators also identify, develop or find partners to lead both targeted and school-wide strength-based and preventive programs as needed.

Eight school districts and Rockland BOCES now operate more than 30 FRCs in elementary and middle schools across the county.

FRC Services Include:

- Parenting education
- Before and after-school enrichment activities
- Programs that support early childhood and family literacy and that help address, prevent, and overcome obstacles to learning
- Information and referral resources such as employment assistance, housing help, health services, translation services, and child care
- Pre-school playgroups
- School engagement activities

FRC SCHOOL-AGE PROGRAMS

- 54,240 Attendees
- Support learning
- Support the development of the whole child and build his/her protective factors
- Provide some primary prevention
- Extend the school building's use and increase its value as a community asset



Nyack teachers reported that “virtually all” fighting among 4th grade girls stopped after the students participated in the evidence-based Girls Circle discussion group.

In South Orangetown, teachers reported increases in student math scores, completed homework assignments, and motivation for the 28 children who participated in the after-school program, Homework Heroes, which is coordinated by the FRC.

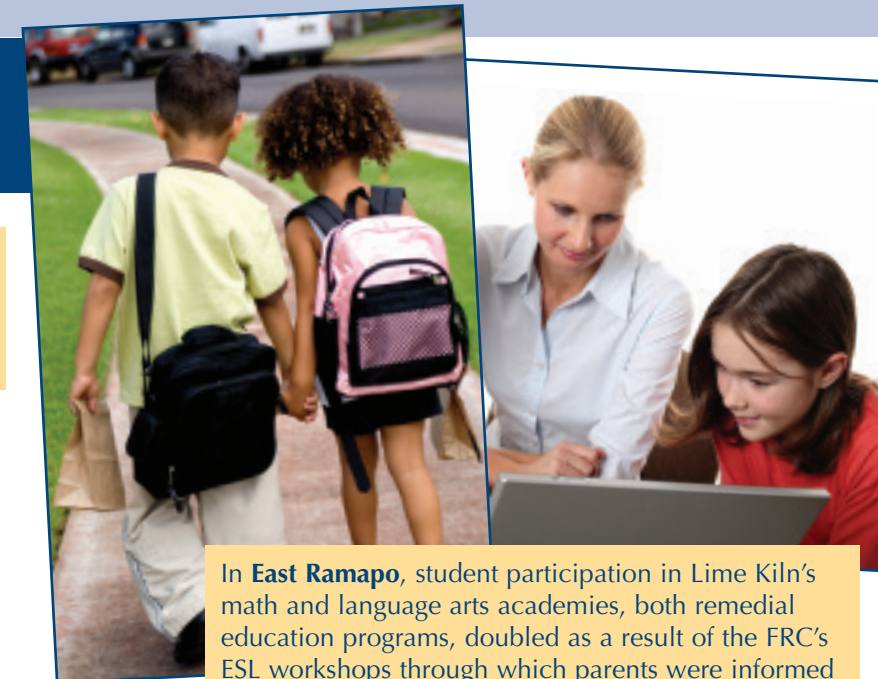
Clarkstown FRC Partnership's Early Risers Club, a before-school childcare program, was expanded from three to seven elementary schools.

“Young people thrive when adults care about them on a one-to-one level, and when they also have a sense of belonging in a caring community.”

—Bill Milliken, author of *“Tough Love and The Last Dropout”*

FRC FAMILY SUPPORT

- 3,132 adult attendance with childcare provided to 1,927 children; 4300 Information & Referral Requests; 450 Robust Family Relationships
- Encourage parents
- Allow development of ongoing relationships of sufficient length and intensity to make a difference for some families at risk
- Help families function well so their children can succeed



In East Ramapo, student participation in Lime Kiln's math and language arts academies, both remedial education programs, doubled as a result of the FRC's ESL workshops through which parents were informed in their language about community services and the academies. “Each of 3 ESL parent workshops hosted 45 parents through which we were able to align families with community service providers such as the RCDOH, the Finkelstein library and a host of others” said Lori Lowe-Stokes, Principal at Lime Kiln.

“Community-based parent support programs operated in a family-centered manner increase parents' sense of parenting confidence and competence.”

—Trivette, CM, and CJ Dunst (2005)

FRC FAMILY & COMMUNITY ENGAGEMENT

- 16,401 Attendees
- Enhance family-school communication
- Link community assets and services
- Help parents/guardians support their children as learners
- Build social support networks

“Family involvement in education predicts children's school success.”

—Christenson & Sheridan, Harvard University (2001)



At Rockland BOCES, a 50% increase in parent attendance at school-based activities, CSE, and Network meetings occurred as a result of an FRC parent outreach plan, which includes phone calls or home visits to every newfamily.

In North Rockland, a King's Daughters librarian reported a noticeable increase in parents' and children's visits to the library after they participated in Neary's Reading Adventure program. Students are selected to read for their parents at the library each month.

In the 2006-07 school year, FRCs worked with 201 different organizations and partners, including county agencies, local community organizations, school staff and offices, and charities.

FRC EARLY CHILDHOOD DEVELOPMENT

- 16,553 Attendees
- Transition Events can:**
 - Assist smooth entry into kindergarten
 - Help participating parents and children form an early and positive relationship with the school
- Playgroups and Story Hours can:**
 - Offer families free exposure to the fundamentals of early education
 - Hook some children up to more intensive supports such as EI or CPSE services
 - Let parents support each other
- The Parent-Child Home Program can:**
 - Enhance interactions between parents and children
 - Increase use of positive parenting behaviors
 - Improve child behaviors related to social-emotional development and self-regulation skills
 - Increase pre-literacy skills

Parent-Child Home Program/Play & Learn Group Demonstration Project Summary of Evaluation Findings, Organizational Research Services, 2007



In Ramapo Central, Sloatsburg's Evening Playgroup attendance increased by 18%.

32 families participated in the Parent-Child Home Program, which is an early literacy home-visiting program designed to strengthen families and prepare children for academic success.

A “meta-analysis also showed that programs that combine parent support services and early childhood education also have larger-than-average effects on both parents and children.”

—Barbara Dillon Goodson, Abt Assoc.'s National Evaluation of Family Support Programs (2001)

PCHP participants graduate from high school at a 20% higher rate than other students from low-income families.
—Journal of Applied Developmental Psychology, 1998